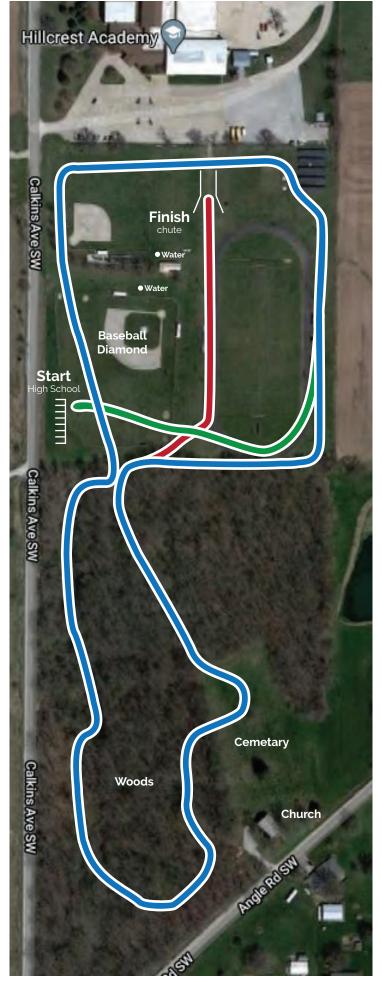


Hillcrest Academy 1421 540th St. SW Kalona, IA 52247

## High School XC Map

- 1. High School runs 3 complete circuits. (**blue** route)
- 2. To start, follow **green** route; to finish, follow the **red** route coming out of the woods.
- 3. Keep all cones and flags to the inside.





High School race: **5000 meters** 

Start Route/circuit (3x) Finish