

\*\*\*SAMPLE ITINERARY FROM 2019\*\*\*

# Ultimook Running Camp Itinerary

## Friday July 26th

5:00 AM - Meet at Pella High School for departure

5:15 AM - On the road

- Breakfast stop near Omaha
- Lunch stop near North Platte NE

4:00 PM (approx) - Shake out run at Crow creek trail/Happy Jack road near Lincoln Monument

8:00 PM (approx) - Stay overnight in Rock Springs WY Dinner on arrival

## Saturday, July 27th

6:00 AM - load vans and hit the road breakfast at hotel before

- Breakfast near Pocatello, ID
- Lunch near Ontario, ID
- Stop at Twin Falls ID for a bit of sightseeing

5:00 PM (approx) - Shake out run in the Amazing Deschutes River State Park Loop in the heart of the Columbia Gorge

## Sunday July 18th

8:00 AM head for Tillamook

- Stop at Mosier fruit farm
- Stop at Multnomah falls

3:00 PM (approx) - Arrive at Tillamook OR Ultimook Running Camp!

Sunday, July 28th - Aug 3rd See Camp website for schedule of activities etc.

[UltimookRunningCamp.com](http://UltimookRunningCamp.com)

## Saturday Aug 3rd

10:30 AM Depart Tillamook OR

6:30 PM Run at Boise State U Campus possibly

8:00 PM Overnight in Boise, ID

## Sunday Aug 4th

6:00 AM Depart Boise ID

6:30 PM Shake out run

8:00 PM North Platte, NE

## Monday Aug 8th

6:00 AM Shake out run

8:00 AM Depart North Platte, NE

5:00 PM Arrive at HOME!